SPEAKER ONE-SHEET

Jeff Halevy

Three-time exited founder and operator.
Advisor, consultant and investor in health, human performance and technology.

TOPIC 01

Writing the Next Chapter

Rebuilding identity and purpose after major endings and transitions.

Major transitions can strip away the roles, routines, and identities that once made life feel coherent. Drawing on three entrepreneurial exits and the personal reckonings that followed, Jeff helps audiences see that uncertainty is not evidence they are unprepared – it is the beginning of the next chapter. The talk leaves people certain they are equipped to meet whatever transition or challenge life puts before them, and to move through it with intention.

TOPIC 02

Full-Stack Wellness

The fundamentals no technology can replace.

Jeff has spent his career at the edge of health technology: an early wearable program for Let's Move!, AI that coached human movement in real time, and an AI-platformed, fully integrated wellness club. What that work taught him is that results still come from the basics – sleep, movement, food, stress and the people around you. This talk strips wellness back to those fundamentals and gives audiences a plan they can run without injections, supplements or gadgets.

ABOUT JEFF

Jeff Halevy is a three-time exited founder and operator working at the intersection of health, technology, and human performance. He founded Continuum, an AI-platformed, fully integrated wellness club, acquired in 2026. He cofounded Altis Movement Technologies, an AI movement-coaching company acquired in 2023, and founded Apex Human Performance, acquired in 2020. A former health correspondent for NBC's TODAY, Jeff speaks, advises companies and hosts The Next Chapter with Jeff Halevy, launching Q1 2027.

PAST STAGES

Keynote, AARP Disrupt Aging, Washington, DC, 2018

AARP (keynote, 2018) · Bloomberg · UBS · Entrepreneurs' Organization (others 2014–2020)

SELECTED MEDIA

NBC's TODAY · CNBC · PBS · Fortune · New York Post · Robb Report · Curbed · Inc.

FORMATS

Keynotes, fireside conversations and panels, in person or virtual.